

### VIDEO PROGRAM & WORKBOOK

This educational program includes:

The video, *MS Therapies: Choosing the Right Treatment for You* (VHS and DVD)

A workbook with key information and worksheets to help you make the right choice of medication.

Treatment decisions should be made in discussion with your doctor and MS clinic nurse.

Please complete the worksheets in the enclosed Workbook and share this information with your doctor. It will help him/her determine the best medication for you.

### CHOOSING THE RIGHT TREATMENT FOR YOU

- How medications work
- How to make the best choice

*MS Therapies* is a unique educational program designed for people with relapsing-remitting multiple sclerosis. If you are currently thinking about starting an immunomodulatory therapy to control your disease, this program is your personal guide. It explains the disease process, why medications are important, and discusses some of the important issues to think about:

- Will I be able to take the medication?
- What will a medication do – and not do – for my MS?
- Will treatment fit into my lifestyle?



## MS THERAPIES



*Choosing the Right Treatment for You*

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*Choosing the Right Treatment for You*

This educational program features interviews with distinguished neurologists and clinic nurses working in the field of MS to ensure that the information is up-to-date and relevant to your needs.

Available in VHS and DVD.



"There is a very hopeful side to what we do here, drugs that will help you well for as long as possible."

Colleen Harris, RN  
Calgary, Alberta



"Mostly since concerns about side effects are a way to avoid some of the benefits of the medication."

Denise Lewides, RN  
Montreal, Quebec



"It's really important that patients understand that MS is treatable today."

Dr. Mark Freedman  
Ottawa, Ontario



"Patients should take their time and learn about each of the medications available to them."

Dr. Caroline Geesken



"The sooner you are on these medications, in the long run you seem to do better."

Dr. Michael Yassa  
Calgary, Alberta



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The Multiple Sclerosis Society of Canada is an independent, voluntary health agency and does not approve, endorse or recommend any specific product or therapy but provides information to assist individuals in making their own decisions.

**MS** Multiple Sclerosis Society of Canada



Étiquette adhésive VHS



Pochette DVD



Habillage DVD